Psychoanalysis is a unique, intensive form of psychotherapy that fosters personal development. The process of psychoanalysis depends on the establishment of a safe, confidential relationship with one's analyst. Privacy, telecommunication, and the psychoanalytic setting are crucial. Comparative approaches in psychoanalysis are essential for understanding the evolution of the field. Comparative Confidentiality in Psychoanalysis is a valuable resource for anyone interested in the history and practice of psychoanalysis.